



Several families were able to attend the ***“Sensory Friendly Halloween Extravaganza”*** at the White House!



## *Looking at the World Through the Eyes of a Child*



There is no question that our country is mourning over the loss of many from the horrific devastations across the world. So what happens to our babies when they are exposed to such devastation? Traumatic experiences can have lifelong negative impacts on a baby's brain. In addition, the cerebral cortex or “thinking brain” becomes underdeveloped. Every baby needs loving support from the adults in their lives. Otherwise, traumatic events will rewire their neural pathways as they react to the world in fear.

However, talking to your little ones about fear is healthy and validates their emotions.

## *HOW DO YOU COPE?*

These are such troubling times we are facing throughout our country. The importance of taking care of ourselves is necessary although difficult for many reasons. New Path's Mommas & Poppas Connection (MPC) is a place to come and share concerns and support. This month will be a month of reflections and how to cope with the tragedies throughout the world.

**Mommas & Poppas  
Connection (MPC)**

# RESOURCES

## Education

Parent Educational  
Advocacy Training  
Center (PEATC)

PEATC

## Participation

Virginia Division for  
Early Childhood  
(DEC)

DEC

## Facebook

EOR Connect for LRIs

EOR  
Connect  
for LRIs

ARE YOU CARING FOR A LOVED  
ONE WITH A DISABILITY OR  
MEDICAL CONDITION?  
Could you use a temporary break?

**ARE YOU CARING FOR A LOVED ONE WITH A DISABILITY OR MEDICAL CONDITION?**

Could you use a temporary break?

The Virginia Lifespan Respite Voucher Program may provide up to \$595.00 to reimburse family caregivers for the cost of hiring respite care.

- Do you live in Virginia?
- Are you the Primary Caregiver?
- Does the person you care for have a documented disability or medical condition?

You may be eligible for this program!

For more information on the program or to receive an application:

Visit: [vda.virginia.gov/vlr.htm](http://vda.virginia.gov/vlr.htm)  
Call Kim Vivaldi- (804) 662-7650  
Email: [vlrvp@dars.virginia.gov](mailto:vlrvp@dars.virginia.gov)

**DARS**  
VIRGINIA DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES  
Division for Community Living  
1610 Forest Avenue Suite 100  
Henrico, Virginia 23229  
(804) 662-7650

## IMPLEMENTATION OF THE NEW LRI EXTENTION for MARCH 1, 2023

**The Arc Virginia**

**Time to Plan what's NEXT**

The Arc of Virginia has worked with our families since 2021 to ensure that LRI's could continue to provide care for their families.

NOW that the new rules implementation is delayed until March 1, 2024 -- we turn our attention to long term planning for our advocacy around the issues of LRI's providing care.

**LRI Listening Session**

Come share how the new rules impact you and your family to help inform our Legislative Agenda for the 2024 General Assembly Session.

**WHEN: Tuesday, Nov 14, 6p - 7:30p**

**WHERE: Zoom**

**Register at [thearcofva.org/events](http://thearcofva.org/events)**

IEP UNIVERSITY (IEPU) IS  
BACK!  
November 21, 2023 -  
December 12, 2023

PEATC, IN COLLABORATION WITH THE VIRGINIA DEPARTMENT OF EDUCATION (VDOE), IS PLEASED TO PRESENT

**IEP UNIVERSITY**

**IEPU**

This training will be presented virtually and will include webinars, discussion boards, resources, and supplementary materials.

The IEP process can be difficult and stressful. Everyone comes to the IEP table with thoughts of their personal responsibilities, perspectives, and individual concerns. IEP meetings can be places of high anxiety and there are occasions when conflict may erupt as a result of managing emotions while simultaneously following policy and procedures. PEATC, in collaboration with VDOE, has developed IEP University (IEPU) to help provide families and professionals with accurate and useful information around IEP development and meetings. IEPU is a self-paced online training with easy-to-understand guidance on the special education process, the IEP document, and ways to develop collaborative relationships among schools and families. IEPU will target practical strategies aimed at helping future IEP meetings be more positive, productive, and collaborative for everyone involved.

A certificate of completion for 6 hours will be provided for all who complete the training.

The training will take approximately 6 hours and can be accessed anytime during the 3 week time frame indicated below.

**November 21 - December 12, 2023**

**REGISTER HERE: [bit.ly/3Sew70g](http://bit.ly/3Sew70g)**

[www.peatc.org](http://www.peatc.org) | 703.923.8010 | [pearners@peatc.org](mailto:pearners@peatc.org)

Register here

Register here

CONTACT: Kim Vivaldi 804-662-7650

# November

SUN	MON	TUE	WED	THU	FRI	SAT
			First Day of American Indian Heritage Month	2 MPC @ 6PM		4
5 Daylight Saving Time ENDS	6	7 ELECTION DAY	8	9 MPC @ 6PM	10	11 Veterans Day
12	13	14 LRI Listening Session @ 6	15	16 MPC @ 6PM	17	18
19	20 IEP University 6 hour trainings begins for you at any time until Dec. 12	21	22	23 HAPPY Thanksgiving	24 Native American Heritage Day	25
26	27	28	29	30		

New Path will be CLOSED on the following days:  
November 23 & 24 In observance of Thanksgiving